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Fall Protection

Delivery: 4 hours

For Managers and people who work at height, required to enforce the use of fall protection. Introduction to components of an effective system. Hands-on opportunity adjust and inspect a full body harness.

Program Contents:

- Introduction
- Legal responsibilities
- Employers, Supervisors
- Statistics
- Fines and Penalties
- Fall Hazard Assessment
- Hazard Flow Chart
- Elimination of Fall Hazards
- Fall Prevention: Guardrails, Barriers, Protective Covers
- Travel Restraint Systems (TRS)
- Powered Elevating Work Platforms
- Scaffolds, ladders
- Fall Restricting Equipment
- Safety Nets
- Fall Arrest Systems: Anchorage, Anchorage Connectors and Lanyard
- Vertical Lifelines (VLL) Fall Arresters, Self Retracting Lifeline (SRL)
- Shock Absorbers, Full body Harness, Inspection of Fall Protection Equipment